Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 06 Oct 2023 until 23:59 on Saturday 07 Oct 2023

Forecast Issued on Friday 06 Oct 2023 at 03:23 by Met Office Aberdeen

Confidence: High for Friday. High for a wet day on Saturday. Low for extent of rain on Sunday, but increasing confidence for drier weather early next week.

Headline for Friday 06 Oct 2023: Mainly dry and very windy with sunny intervals. Rain in the evening.

Mountain weather hazards on Friday 06 Oct 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** Low Likelihood
Gales High Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Fog	Fog	Fog	Dull	Light rain	Heavy Rain
Precipitation probability					
20%	20%	20%	30%	30%	80%

Forecast for Friday 06 Oct 2023

Weather: Chance of a light shower across the west of the region at first. Otherwise largely dry with bright spells through daylight hours. Thickening cloud will bring rain from the west through the evening.

Chance of cloud-free hill tops above 800m: 70% during the daytime, decreasing through the evening

Low cloud and visibility: Excellent visibility outside of cloud. Some patchy cloud above 700 metres, this becoming more extensive after dark across the north and west down to 500 metres.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 06 Oct 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	51/60 W	46/55 W	34/44 W	18/23 W	8/10 N	12/18 E	21/31 E
900	49/57 W	44/53 W	33/42 W	17/22 W	8/10 N	14/19 E	26/35 E
600	37/45 SW	33/41 SW	25/33 W	14/18 W	6/8 N	11/18 E	18/29 E
300	10/44 W	10/42 W	10/35 W	3/18 NW	2/8 N	8/16 E	12/23 E
Glen	17/31 W	18/33 W	14/27 W	6/12 W	4/7 N	10/17 E	17/28 E

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	7/-0	5/-2	5/-2	6/1	5/3	4/0	3/-2
900	8/1	6/-1	6/-0	6/2	6/4	5/1	4/-2
600	10/4	8/3	8/4	8/5	8/6	7/4	6/2
300	11/9	11/9	11/9	10/10	10/9	9/7	8/5
Glen	13/10	13/10	14/11	13/12	12/11	11/10	11/8
Freezing Level*	1800m	1700m	1600m	2300m	2200m	2400m	2700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Winds will reach 70 mph or more across the higher tops at first with widespread upland gales. Winds will moderate by evening. Significant wind chill expected too. Making progress will be slow with a risk of being blown over.

Forecast for Saturday 07 Oct 2023
Weather: Cloudy and rather cold throughout the day with persistent rain, this heavy at times especially in the southwest of the area. There's a chance that rain may turn to sleet and snow for a brief time. Rain may ease off through the evening.

Maximum wind: Easterly 20 mph with gusts to 30 mph on the tops

Chance of cloud-free hill tops above 800m: 70%

Low cloud and visibility: Poor in extensive areas of cloud down to 500 to 800 metres, some breaks possible towards the west coast

Temperature: **Glens:** Plus 6 rising to 9 Celsius
At 800m: Plus 3 Celsius
Freezing level: Above summits, but may fall to 1100 metres for a time

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